



BUILT TO LAST

All Wellness Saunas products are built to last 10+ years.



25+ YEARS INDUSTRY EXPERIENCE

We are the experts in infrared saunas in Australia.



QUALITY WOOD MATERIALS

Wellness Saunas products use only A-grade hemlock wood materials.



TRUE SPECTRUM HEATERS

Our true spectrum heaters provide a comfortable and safe sauna experience every time.



EASY ASSEMBLY

With our simple instructions, Wellness Saunas are easy to assemble.



360° HEAT EXPOSURE

Our infrared technology offers complete heat exposure from all angles, saving on energy and delivering maximum heat.



AUSTRALIA'S BEST WARRANTY

Wellness Saunas are backed by a comprehensive warranty, offering peace of mind to our customers across Australia. Wellness Saunas come with a Lifetime Warranty on heaters and a five year warranty on cabinets and electrical. See website for more information.

FIND YOUR WAY TO WELLNESS WITH WELLNESS SAUNAS

Saunas have been linked to provide a number of benefits for those that use them, here are a few reasons why having your own Wellness Sauna is the perfect addition to your home.

1. STRESS RELIEF

Saunas are a great way of taking time out to relax, and de-stress. Sitting quietly surrounded by warmth can help to relax tired or tense muscles after a long day at work or session at the gym.

2. SOOTH MUSCLE PAIN

Heat can assist in the relaxation of tense or stressed muscles, and can aid in improving circulation. Healthy circulation can promote oxygenation, cell growth and organ function.

3. DETOX

Sitting in a sauna causes our body temperatures to rise, this can induce perspiration which aids the body in its own natural detoxification process of eliminating unwanted toxins and bacteria.

4. REVITALISE SKIN

One of the oldest techniques to cleanse skin has been the use of heat or steam. Our skin is our largest organ and inducing perspiration can assist in releasing bacteria from our pores, resulting in skin feeling smoother and cleaner.

5. REST

Factors such as stress, anxiety and muscle tension have been linked to exacerbating some sleep disorders such as insomnia. Going to bed feeling relaxed can promote deeper and a better quality of sleep.

6. IMPROVE CARDIO

Another great benefit from increasing body temperature is an increase in heart rate. Blood vessels near the skin dilate which increases cardiac output, meaning you can improve your cardiovascular performance from simply sitting in a sauna.

7. BURN CALORIES

We aren't claiming that saunas are a complete weight loss solution, however some studies have found that saunas can potentially assist in burning calories through perspiration.

DISCLAIMER

Please check with your doctor or healthcare professional to ensure this product is suitable for you.

RELAX & REGENERATE

INFRARED SAUNAS

Wellness Saunas are the newest and most advanced portable saunas on the market!
Our saunas offer a range of configurations, functionalities, accessories and options to suit your lifestyle and individual needs, allowing you to bring the experience of a commercial sauna into your own home.

Our infrared saunas are similar to a traditional style sauna in the sense that you are still sitting in a small heated room. The major difference is the heat source; in this case it's infrared heat.

Our range of premium Infrared saunas offer ultimate comfort and relaxation, using this unique heat source to provide a clean and dry beneficial heat to our users.

AUSTRALIAN COMPANY - AUSTRALIAN ELECTRICAL STANDARDS
Wellness Saunas are 100% Australian Electrical Safety compliant and we are proud to produce a product that offers peace of mind to all of our customers.

AUSTRALIA'S BEST SAUNA WARRANTY
Wellness Saunas offer you a comprehensive warranty, ensuring you always have peace of mind, so you can enjoy your sauna for years to come.

PREMIUM FAR INFRARED HEATER SYSTEMS

Premium Far Infrared Heater Systems
Our premium far infrared saunas are designed to deliver a number of relaxing benefits and could also be used to:

- Relieve muscle tension
- Assist with relaxation and rest
- Detox
- Promote wellness

INTEGRATED CONTROL PANEL TECHNOLOGY

Our Infrared Saunas come fully equipped with a control panel that allows you to set the sauna to your perfect temperature. The control panel also offers a variety of functionalities from Bluetooth audio options to setting your sauna's timer.

The control panel makes Wellness Saunas easy to operate and program your perfect sauna experience.

Designed with relaxation and lifestyle in mind, Wellness Saunas offer Infrared Saunas to suit every lifestyle.

Offering a range of sizes to cater to your individual needs, starting with our 2-person, right through to our spacious 4-person.

Visit Wellness Saunas for more information about choosing the right sauna for you
www.wellnesssaunas.com.au



1 PERSON - IR65

Dimensions:
100 x 95 x 190 cm
Total Seats: 1
Material: Hemlock
Heater: Carbon
Power: 10amp 240V
Aromatherapy Scents: 3



2 PERSON - IR83

Dimensions:
119 x 104 x 190 cm
Total Seats: 2
Material: Hemlock
Heater: Carbon
Power: 10amp 240V
Aromatherapy Scents: 3



3 PERSON - IR101

Dimensions:
145 x 104 x 190 cm
Total Seats: 3
Material: Hemlock
Heater: Carbon
Power: 10amp 240V
Aromatherapy Scents: 3



4 PERSON - IR141

Dimensions:
175 x 120 x 190 cm
Total Seats: 4
Material: Hemlock
Heater: Carbon
Power: 10amp 240V
Aromatherapy Scents: 3



STANDARD INCLUSIONS

External LED Lighting, Internal Colour Therapy Lighting, Bluetooth Audio System, Superior Control Pad, Deluxe Aromatherapy Oils